



A newsletter from
ST. MARY'S ABBEY

230 MENDHAM ROAD MORRISTOWN, NJ 07960-4899
P: 973.538.3235 W: WWW.STMARYSABBHEY.ORG



January 2019

1. Mary, Mother of God, *solemnity*

4. St. Elizabeth Seton, opt. Memorial
⊕ Delbarton School Mass, 9:50 a.m.
⊕ Vespers w/o Mass, 5 p.m.

6. Epiphany of the Lord, *solemnity* (Abbot Richard)

- ⊕ Solemn Vespers, 5 p.m.

11. Second Friday

- ⊕ Adoration + Reconciliation
⊕ Abbey Church, 2:30 p.m. – 4:30 p.m.

13. Baptism of the Lord, *feast* (Prior Edward Seton)

17. St. Anthony of Egypt, *memorial*

18. Christian Unity Octave begins

20. II Sunday (Father Hilary)

- ⊕ Oblate Sunday

21. St. Agnes, *memorial*

- ⊕ Martin Luther King Day
⊕ Matins 7:30 a.m.

24. St. Francis de Sales, *memorial*

25. Conversion of St. Paul, *feast*

27. III Sunday (Abbot Elias)

28. St. Thomas Aquinas, *memorial*

31. St. John Bosco, *memorial*

This calendar follows the *Order of Worship* as approved by the Congregation for Divine Worship on 22 June 1972 in Rome for the American Cassinese Congregation of Benedictine Monasteries.

PRAYER SCHEDULE: Feel free to join us!

Let all guests be received as Christ (RB 53).

⊕ Sunday:

- ◆ Matins, 7:30 a.m.
- ◆ Mass, 11:00 a.m.
- ◆ Vespers, 5 p.m.

⊕ Monday-Friday

- ◆ Matins, 6:30 a.m. (non-school days, 7:30 a.m.)
- ◆ Midday Prayer, 11:50 a.m. (Chapter Room)
- ◆ Vespers with Mass, 5 p.m.
- ◆ Compline, 6:45 p.m. (Chapter Room)

⊕ Saturday:

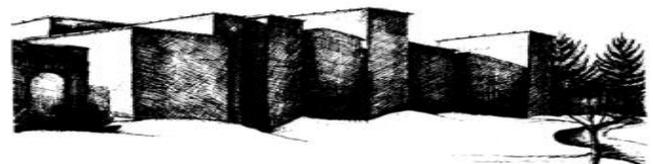
- ◆ Matins, 7:30 a.m., followed by Mass (ca. 8 a.m.)
- ◆ Midday Prayer, 11:50 a.m. (Chapter Room)
- ◆ Vespers, 5 p.m.
- ◆ Compline, 6:45 p.m. (Chapter Room)

LECTIO DIVINA: Here are the readings for Sunday Masses in December.

- ⊕ **January 6:** Is 60: 1-6; Eph 3: 2-3a, 5-6; Mt 2: 1-12
- ⊕ **January 13:** Is 42:1-4,6-7; Acts 10: 34-38; Lk 3: 15-16, 21-22)
- ⊕ **January 20:** Is 62: 1-5; 1Cor12: 4-11; Jn 2: 1-11
- ⊕ **January 27:** Neh 8:2-4a,5-6,8-10; Heb9:15,24-28; Mk 3: 22-30

PRAYER WEEK FOR CHRISTIAN UNITY:

Each year the Church calls us to prayer for unity among the various Christian denominations. The division among Churches scandalizes the world and damages an effective witness to the gospel. The restoration of unity among all Christians was a principal concern of the Second Vatican Council (*Unitatis redintegratio*, 21 November 1964). Benedictines have been leaders in the ecumenical movement from its nineteenth century origins. This monastic community observes the octave of prayer for Christian Unity with special intercessions at the Conventual Mass. Let us all pray with Christ “that all may be one, as you, Father, are one in me and I in you; I pray that they may be one in us, that the world may believe that you sent me” (John 17:21).



JANUARY SAINT: John Bosco's theory of education could well be used in today's schools. It was a preventive system, rejecting corporal punishment and placing students in surroundings removed from the likelihood of committing sin. He advocated frequent reception of the sacraments of Penance and Holy Communion. He combined catechetical training and fatherly guidance, seeking to unite the spiritual life with one's work, study and play.

Encouraged during his youth in Sardinia to become a priest so he could work with young boys, John was ordained in 1841. His service to young people started when he met a poor orphan in Turin, and instructed him in preparation for receiving Holy Communion. He then gathered young apprentices and taught them catechism.

After serving as chaplain in a hospice for working girls, Don Bosco opened the Oratory of St. Francis de Sales for boys. Several wealthy and powerful patrons contributed money, enabling him to provide two workshops for the boys, shoemaking and tailoring.

By 1856, the institution had grown to 150 boys and had added a printing press for publication of religious and catechetical pamphlets. John's interest in vocational education and publishing justify him as patron of young apprentices and Catholic publishers.

John's preaching fame spread and by 1850 he had trained his own helpers because of difficulties in retaining young priests. In 1854, he and his followers informally banded together, inspired by Saint Francis de Sales. With Pope Pius IX's encouragement, John gathered 17 men and founded the Salesians in 1859. Their activity concentrated on education and mission work. Later, he organized a group of Salesian Sisters to assist girls.

John Bosco educated the whole person—body and soul united. He believed that Christ's love and our faith in that love should pervade everything we do—work, study, play. For John Bosco, being a Christian was a full-time effort, not a once-a-week, Mass-on-Sunday experience. It is searching and finding God and Jesus in everything we do, letting their love lead us. Yet, because John realized the importance of job-training and the self-worth and pride that come with talent and ability, he trained his students in the trade crafts, too. Saint John Bosco is the Patron Saint of boys, editors, and youth.

DECEMBER COLLECTION: The December Mass collection was \$4,842 and the Christmas Mass collection was \$7,262 for a total December collection of \$12,104. Thank you for your generosity!

WEBSITE: Please visit saintmarysabbey.org for this newsletter and more up-to-date information about the Abbey. You can also visit delbarton.org for more information about Delbarton School.

Retreat Center News

January 2019

The Staff of the St. Mary's Abbey Retreat Center wish all of you a peaceful and blessed New Year!

In January, the Retreat Center welcomes the following overnight retreat groups:

- Heroes to Heroes
- St. Peter's Prep
- Delbarton Campus Ministry Sophomores

Please join us in praying that these groups have a powerful retreat experience with while they are here.

Spiritual Direction -

In the busyness of our everyday lives, it is often difficult to recognize the sacred story of our relationship with God. In our increasingly secular world, it is difficult to even talk about our faith with someone, much less discuss our struggles with it. Spiritual Direction gives us the opportunity to have such conversations on a regular basis with someone who is committed to our spiritual growth.

Personal Retreats -

The Retreat Center also welcomes men and women of all faiths for Private or Directed Retreats.

Walk-Ins Welcome -

Our Guestmaster, Fr. Joseph Voltaggio, OSB, welcomes visitors for Spiritual Direction or the Sacrament of Reconciliation every Wednesday from 1 - 3 PM

For more information on these programs or other Retreat Center questions, contact Paul Cocco at 973-538-3235 x 2100 or via e-mail at

retreatcenter@delbarton.org.

Visit our Web Page and/or our Facebook page at
www.saintmarysabbey.org/retreatcenter

<https://www.facebook.com/St-Marys-Abbey-Retreat-Center>

**Like Us On Facebook
Blessings & Peace...**