



A newsletter from  
**ST. MARY'S ABBEY**

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## July 2018

1. **XIII Sunday (Fr. Edward Seton)**
3. St. Thomas, *feast*
4. Happy Fourth of July!
8. **XIV Sunday (Abbot Elias)**
11. St. Benedict, *feast*
13. Second Friday Adoration + Reconciliation  
⊕ 3-5pm, Abbey Church
15. **XV Sunday (Abbot Richard)**
16. Dedication of the Abbey Church, *solemnity*
22. **XVI Sunday (Fr. Hilary)**
25. St. James, *feast*
26. Ss. Joachim & Anne, *memorial*
29. **XVII Sunday (Abbot Richard)**
31. St. Ignatius of Loyola, *memorial*

This calendar follows the *Order of Worship* as approved by the Congregation for Divine Worship on 22 June 1972 in Rome for the American Cassinese Congregation of Benedictine Monasteries.

**SUMMER SCHEDULE:** Please feel free to join us anytime for prayer during our summer schedule. *Let all guests be received as Christ (RB 53).*

⊕ **Sunday:**

- ◆ Matins, 7:30 a.m.
- ◆ Mass, 11:00 a.m.
- ◆ Vespers, 5:15 p.m.

⊕ **Monday-Friday:**

- ◆ Matins, 7:30 a.m.
- ◆ Midday Prayer, 11:50 a.m. (Chapter Room)
- ◆ Vespers with Mass, 5:15 p.m.
- ◆ Compline, 6:45 p.m. (Chapter Room)

⊕ **Saturday:**

- ◆ Matins, 7:30 a.m., followed by Mass (ca. 8 a.m.)
- ◆ Midday Prayer, 11:50 a.m. (Chapter Room)
- ◆ Vespers, 5:15 p.m.
- ◆ Compline, 6:45 p.m. (Chapter Room)

**LECTIO DIVINA:** The following is the schema of Sunday readings for June. Please consider them as prayerful preparation for Sunday Mass:

- ⊕ **July 1:** Wis1:13-15 + 2:23-24; 2Cor8:7,9,13-15; Mk5:21-43
- ⊕ **July 8:** Ez 2: 2-5; 2Cor 12: 7-10; Mk 6: 1-6
- ⊕ **July 15:** Am 7: 12-15; Eph 1: 3-14; Mk 6: 7-13
- ⊕ **July 22:** Jer 23: 1-6; Eph 2: 13-18; Mk 6: 30-34
- ⊕ **July 29:** 2Kgs 4: 42-44; Eph 4: 1-6; Jn 6: 1-15

**OBLATES:** The Oblates of St. Benedict will **NOT** meet in July or August. The next meeting is Sunday, September 16, 2018. For more information, please email [Fr. Hilary](mailto:Fr.Hilary).

**SECOND FRIDAY:** Adoration & Reconciliation continues on Friday, July 13, 2018, 3-5 p.m. in the Abbey Church. Consider staying for Vespers and Mass!

**JUNIOR CAMP SUCCESS:** In June, Abbot-President Elias Lorenzo, OSB and Br. William McMillan, OSB traveled to St. Anselm Abbey in Manchester, NH for the American-Cassinese/Swiss Congregation's 2018 Junior Camp. The camp brought together 34 Benedictine junior monks from across the country for ten days of prayer, fraternity, education, relationship-building and recreation. St. Mary's Abbey wishes to express their gratitude to Abbot Mark Cooper, OSB and the entire community of St. Anselm Abbey and St. Anselm College for all their hard work and hospitality. The group even got to meet Cardinal Archbishop of Boston Sean O'Malley, GCIH OFM Cap!



**THANK YOU:** St. Mary's Abbey would like to thank all who attended the anniversaries of eight of our monks on June 16, 2018 at the Abbey Church. We are very grateful for your presence and support!



**ABBEY WORKSHOPS:** St. Mary's Abbey is excited to host two workshops for the American-Cassinese Congregation in July—one for Vocation Directors from July 5-9 and one for Formation Directors from July 18-21.

**ABBEY HISTORY:** We remember important July events in the history of St. Mary's Abbey...

- ⊕ July 16, 1966: Abbey Church Dedication
- ⊕ July 19, 1975: Abbot Brian's Abbatial Blessing

**NECROLOGY:** We remember monks of St. Mary's Abbey who entered eternal rest in July...

- ⊕ July 2, 1937: Fr. Jerome Flanagan
- ⊕ July 9, 1937: Abbot Ernest Helmstetter
- ⊕ July 13, 2010: Fr. Regis Wallace
- ⊕ July 15, 1936: Fr. Leonard Waltz
- ⊕ July 15, 1982: Fr. Basil Zusi
- ⊕ July 17, 1972: Fr. Francis O'Connell
- ⊕ July 20, 2000: Fr. Jerome Fitzpatrick
- ⊕ July 25, 2003: Abbot Martin Burne

**JULY SAINTS:** July 26<sup>th</sup> is the feast day of **St. Joachim and St. Anne**, the married couple traditionally honored as the parents of Mary, which makes them the grandparents of Jesus.

**Grandparents and the Incarnation:** How wonderful that Jesus has grandparents! St. Joachim and St. Anne remind us of the mystery of the Incarnation: God truly became man and entered into a human family that included not only his mother Mary and father Joseph but their parents, and their parents, and their parents, all the way back to Adam (and Eve) at the dawn of creation, according to St. Luke's chronology (Luke 3:23-38). Like all of us, Jesus was born into a web of relationships, the "cradle of life and love" that is the family (John Paul II, *Christifideles Laici*, no. 40).

**The burden of infertility:** However, becoming grandparents – or even parents – must have seemed like a far-off dream for much of Joachim and Anne's married life. Tradition holds that these saints struggled with infertility and were childless for decades. Like other barren couples in Scripture (eg. Abraham and Sarah, Elkanah and Hannah), sterility was a great burden to Joachim and Anne and even a hindrance to their participation in community life. A story told of St. Joachim relates that he wanted to offer sacrifice in the temple but was turned away because of his childlessness. He retreated into the mountains to air his grievance with God, and during this time both he and his wife received an angelic prophecy of Anne's pregnancy. Their steadfast faith during the trial of infertility explains why they are often invoked by married couples struggling to conceive a child.

**A model for parents:** Tradition depicts St. Joachim and St. Anne as loving and dedicated parents to their daughter, Mary. [Artwork](#) often shows Mary on her mother's lap, learning how to read. It is no stretch to imagine that St. Joachim and St. Anne laid the groundwork for Mary's faith, preparing her to answer one day to the angel Gabriel "Behold, the handmaid of the Lord. Be it done to me according to thy word."



**A model for marriage:** Saints Joachim and Anne are the father and mother of the Blessed Virgin Mary. Mary is the fruit of their marriage. By a singular grace of God in view of the merits of Jesus, she was preserved from all stain of Original Sin from the moment of her conception. Thus, it is in the context of married life and conjugal love that Mary is prepared to receive the Divine Logos, the Word made flesh, Jesus Christ our Lord. Jesus is the Logos, the "Reason" at the heart of all reason and truth, including the truth of marriage. The marriage between Joachim and Anne is a significant witness to why marriage is unique for a reason.



St. Joachim and St. Anne are the patron saints of [grandparents](#) and infertile couples.

*St. Joachim and St. Anne, pray for us!*

**SOURCE:** <http://www.marriageuniqueforareason.org>

**JUNE OFFERING:** The June collection was \$4467. Thank you for your generosity!

**WEBSITE:** Please visit the Abbey website at [www.saintmarysabbey.org](http://www.saintmarysabbey.org) for this newsletter and more up-to-date information about the Abbey. You can also visit the school website for news and events: [www.delbarton.org](http://www.delbarton.org).

### Retreat Center News July 2018

In July, the Retreat Center welcomes the following overnight retreat groups:

- American Cassinese Congregation Vocation Director's Workshop
- American Cassinese Formator's Workshop
- Healing Waters Global

Ongoing Offerings:

❖ Spiritual Direction -

- In the busyness of our everyday lives, it is often difficult to recognize the sacred story of our relationship with God. In our increasingly secular world, it is difficult to even talk about our faith with someone, much less discuss our struggles with it. Spiritual Direction gives us the opportunity to have such conversations on a regular basis with someone who is committed to our spiritual growth.

❖ Personal Retreats -

- The Retreat Center also welcomes men and women of all faiths for Private or Directed Retreats.

❖ Walk-Ins Welcome -

- Our Guestmaster, Fr. Joseph Voltaggio, OSB, welcomes visitors for Spiritual Direction of the Sacrament of Reconciliation every Wednesday from 1 - 3 PM

For more information on these programs or other Retreat Center questions, contact Paul Cocco at 973-538-3235 x 2100 or via e-mail at [retreatcenter@delbarton.org](mailto:retreatcenter@delbarton.org).

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